



Staff of Mindstretchers Ltd. in Scotland



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Connecting the World: Cooking Together

Granny Turnbull's Tablet

Tablet is a Scottish word for a hard type of fudge. This is a traditional family recipe, passed down to each generation. It is from Anne Turnbull who is one of our longest-serving employees at Mindstretchers Ltd. In 1968 Anne married Atholl, and Annie, her mother-in-law, shared this recipe with her. Annie's Tablet is renowned in Perthshire, Scotland, and especially the little villages of Dunning, Aberfeldy, Crieff, and Auchterarder. It is highly recommended to serve at every special gathering or simply as a sweet gift for a friend.

Recipe

2 pounds sugar
4 ounces butter
170 ml Carnation milk
150 ml full-fat milk

Preparation process: Place all ingredients in a pot and bring to a boil stirring all the time. Test. Add a spoonful of cold water if it turns to toffee. Remove from the heat and add a dessert spoonful of vanilla extract. Beat the mixture until it feels 'gritty' on the bottom of the pan and pour into a Swiss roll tin lined with cling film. Wait 10 minutes and then mark into squares on top. Leave overnight or until cold and then cut into pieces.



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